

A multisectorial approach to planning in implementation of policies and actions towards better health

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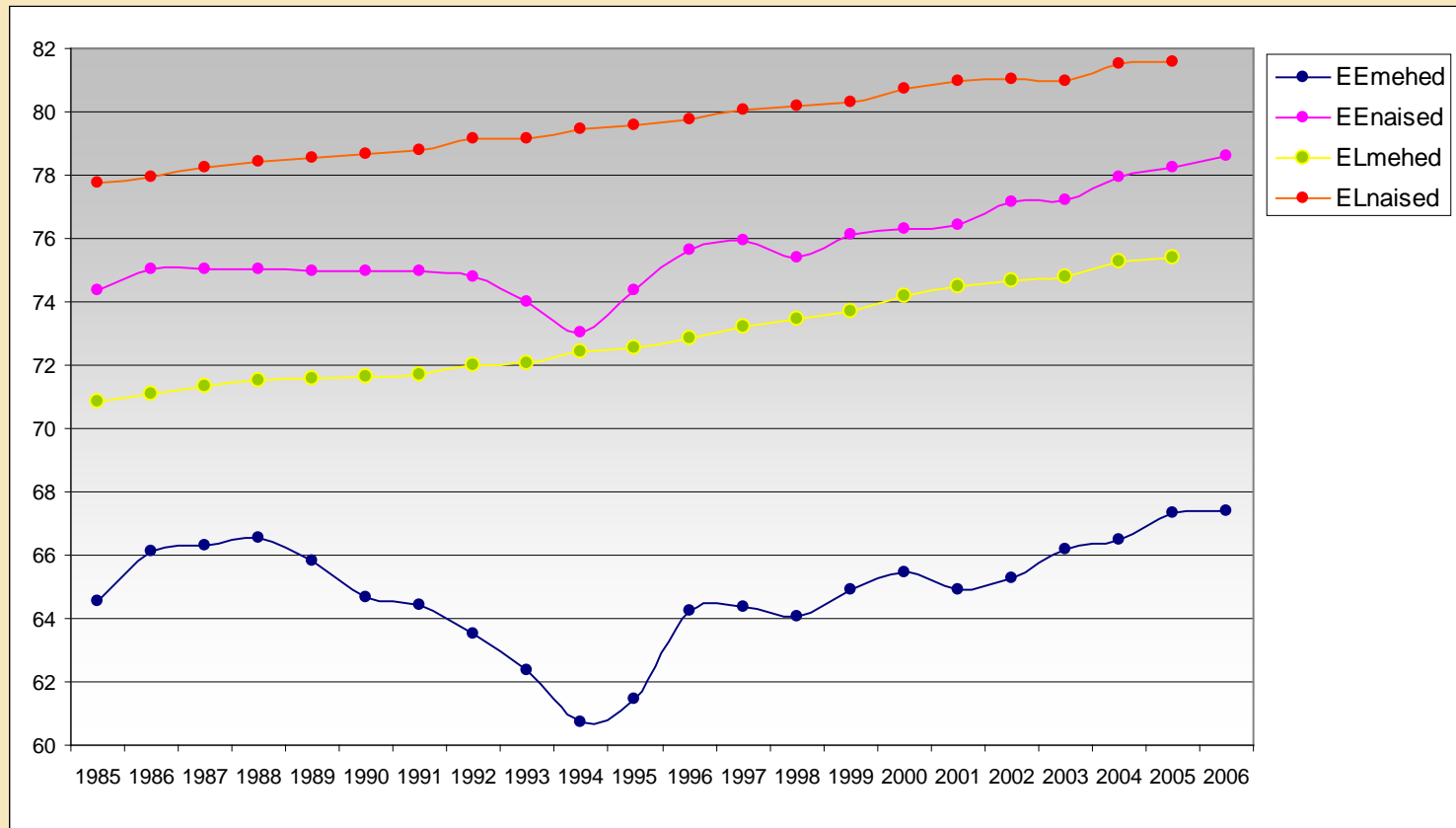


võrdsed võimalused inimväärseks eluks



Instead of foreword: Average life expectancy at birth in Estonia and within EU member states 1985-2006

(source: WHO HFA database, ESA)





Public health governance

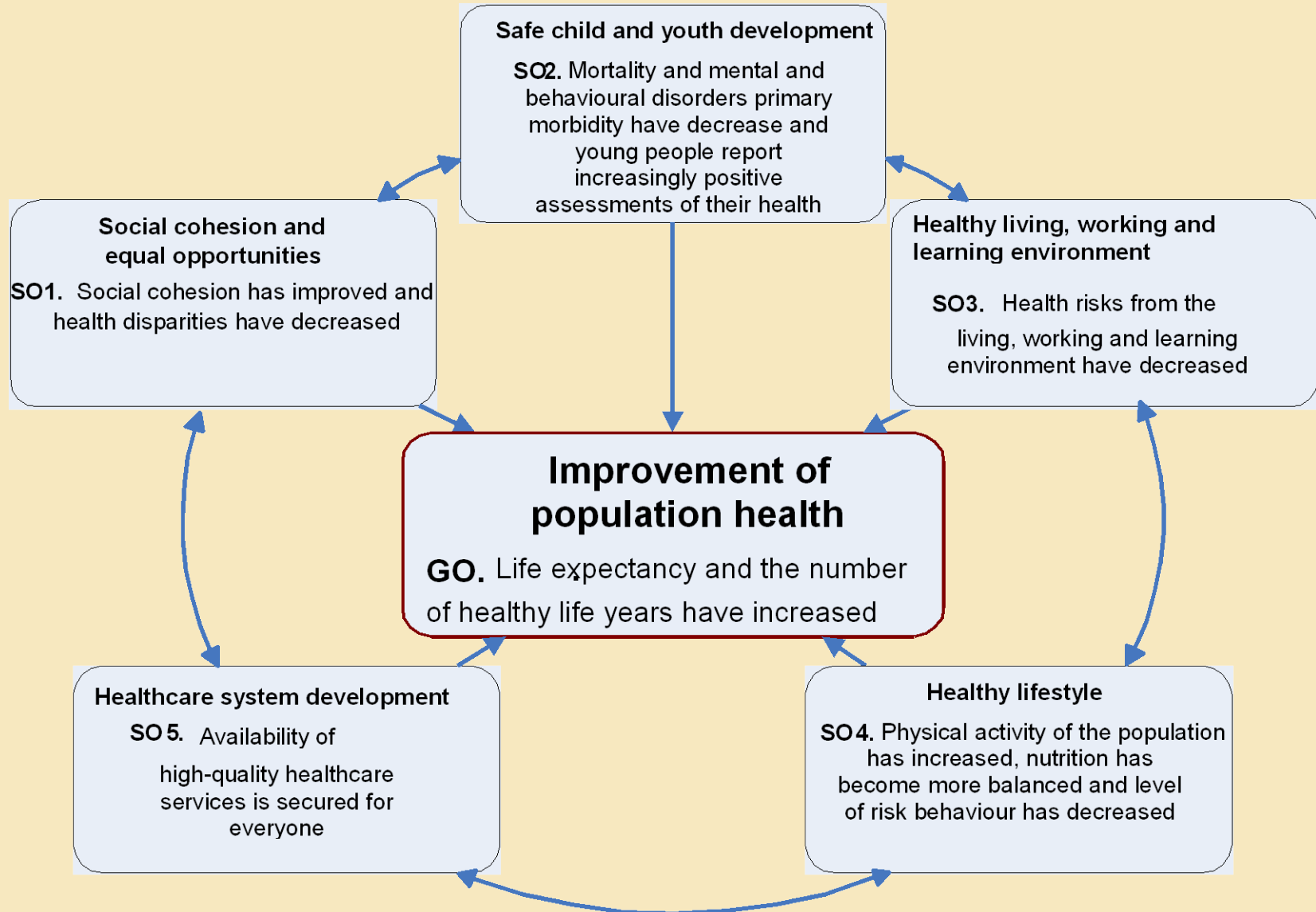
- ▶ Stewardship and oversight of public health in Estonia is governed by the **Ministry of Social Affairs (MoSA)**,

- ▶ **Main actors of public Health:**
 - ▶ Ministry of Social Affairs (MoSa)
 - ▶ **National Institute for Health Development (NIHD)**
 - ▶ Health Protection Inspectorate (HPI)
 - ▶ Chemicals Notification Center (CNC)
 - ▶ Estonian Health Insurance Fund (EHF)
 - ▶ Health Care Board (HCB)
 - ▶ County and Local Municipal Gov-s



National Health Plan 2009-2020

(adopted by Estonian Government 17.06.2008)





Health in all policies – Ministries responsible for National Health Plan

- ▶ Ministry of Social Affairs
- ▶ Ministry of Education
- ▶ Ministry of Culture (Sports)
- ▶ Ministry of Internal Affairs
- ▶ Ministry of Justice
- ▶ Ministry of Agriculture
- ▶ Ministry of Environment
- ▶ Ministry of Economy and Communication
- ▶ Ministry of Finance
- ▶ Ministry of Defence
- ▶ Ministers without portfolio (demographics, regional affairs)



Health on every level – the partners of National Health Plan

- ▶ Local governments
- ▶ Universities
- ▶ NGOs
- ▶ Private enterprises
- ▶ Etc.

- ▶ **National Health Plan contains compulsory measures for the state and recommendations for local governments, organisations/enterprises and individuals**



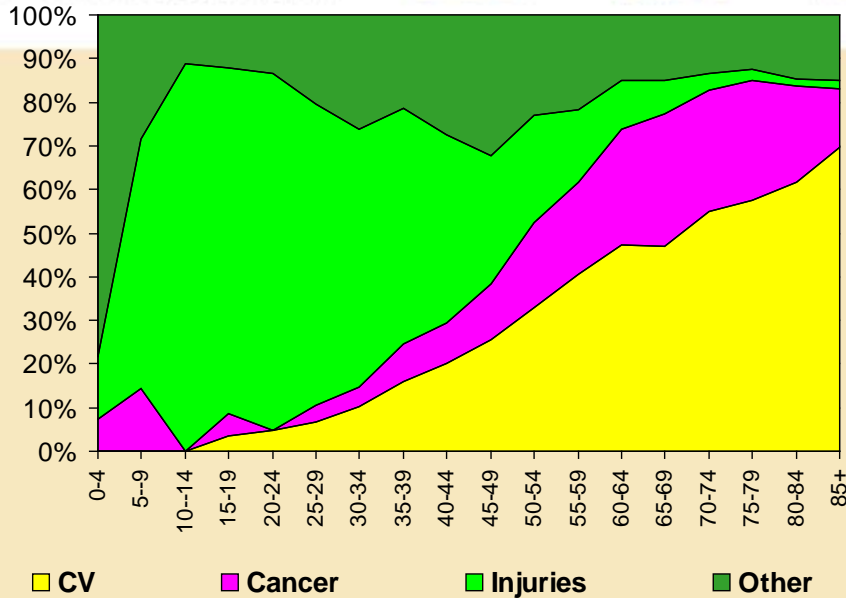
Implementation of National Health Plan

- ▶ Expert groups – consists of experts, analyzes the indicators, assesses the performance and suggests changes and new measures, compiles area reports and implementation plans
- ▶ Steering committee – consists of representatives of different ministries and the partners of NHP, compiles the report of NHP every 4 years, compiles annual implementation plan and performance report, the representatives of ministries are responsible for securing the resources
- ▶ Advisory Board – consists of leading researches from Estonia and abroad, assesses the report of NHP
- ▶ Government of Republic confirms the reports and performance reports, sets interim targets, task for steering committee, applies changes to NHP

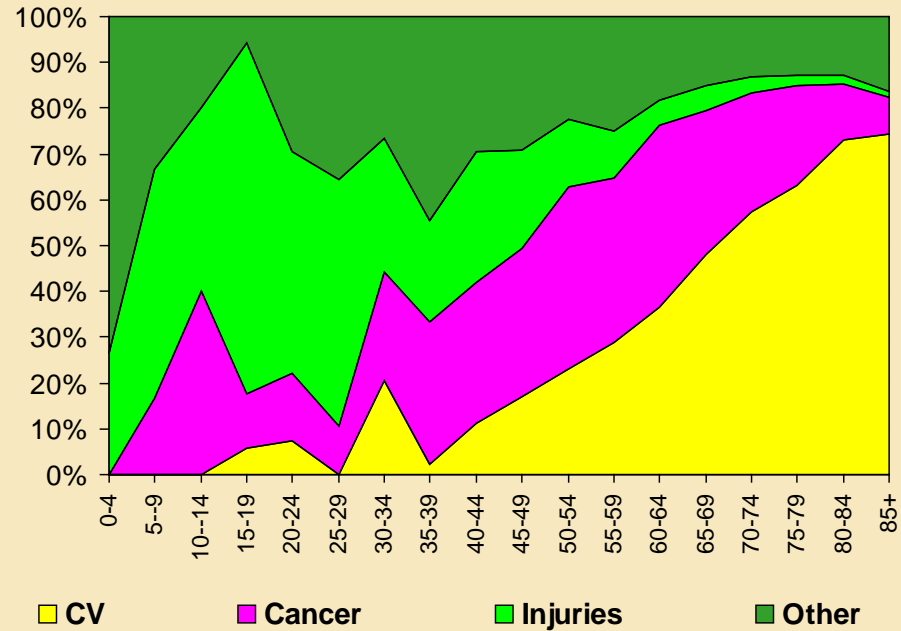


Causes of death by age groups 2006

Women



Men



CV Cancer Injuries Other



CVD strategy

- ▶ The strategy is confirmed for years 2005-2020, but the first action plan is planned and confirmed for years 2005-2008.
- ▶ Financed from the state budget : basis budget (~ **650 thousand EURO**) annually through Institute for Health Development + budget and projects under other ministries and Health Insurance Fund
- ▶ The Estonian Institute for Health development is responsible for management: actions done by the Institute itself or the Institute is responsible to find the partners from other sectors (private sector, NGO's etc)



Implementation of national CVH strategy

Collaboration:

The advisory body under the Ministry of Social Affairs:

- ▶ **Ministries:** Ministry of Social Affairs, Ministry of Agriculture, Ministry of Education and Science, Ministry of Finance, Ministry of Culture, Ministry of Internal Affairs
- ▶ **Governmental institutions:** The National Institute for Health Development, Association of Estonian Cities, Association of Municipalities of Estonia, Estonian Health Insurance Fund
- ▶ **NGO-s:** Estonian Association of Paediatricians, Estonian Union of Hypertension, Estonian Health Promotion Association



Implementation of CVH strategy in local level

- ▶ **The county health councils** are established in all counties.
- ▶ The responsibility of this council is to plan, allocate resources, and coordinate implementation and to evaluate the actions in county level for implementation of CVH strategy.
- ▶ The council has a budget (from budget of CVH strategy) for local actions



Health networks and health workers

▶ **Health Promotion Networks**

- ▶ Health Promoting Schools,,
- ▶ Health Promoting Kindergardens
- ▶ Health Promoting Hospitals
- ▶ Health Promoting Workplaces.

▶ **Training** of health care personell and **motivation system** for family doctors to cunduct counselling and health promotion

▶ **The printed materials** and guidelines from Health Insurance Fund and National Institute for Health Development



Finding resources from other sectors – program ”Promoting healthy choices”

- ▶ Operational Program “Development of Human resources”
(OP for using European Social Funds funds during 2007-2013)
- ▶ Priority: Long and high-quality working life (steered by MoSA,
Department of Labour market)
- ▶ Measure: promoting healthy choices (consists of programs
and open calls)



Program “Promoting healthy choices 2008-2009”

- ▶ Promoting health promotion amongst decision-makers – local governments’ leaders, employers, training county health council members, compiling regional health profiles
- ▶ Empowering networks – Healthy workplace network etc
- ▶ Developing support structures, e.g the tool of early detection and brief intervention of alcohol abuse



For further information...

- ▶ www.sm.ee – Ministry of Social Affairs of Estonia
- ▶ www.tai.ee – National Institute of Health Development
- ▶ www.haigekassa.ee – Estonian Health Insurance Fund